



E-News



The General Conference of the New Church

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Rise and Shine Radio Show

Revd Jack Dunion broadcasts his own online radio show every Sunday at 9am on Lomond Radio (formerly River Radio):
<https://lomondradio.co.uk/shows/rise-and-shine>

The link below allows you to catchup Rise & Shine programs:
www.mixcloud.com/RevJack/



The Late Margaret Lilian (Judy) Elliott: 1933 – 2025

Revd Bruce Jarvis writes:

Judy Elliott left this earthly life peacefully on October 4th from the care home where she had been looked after for 4½ years. Judy and her husband, the Revd John Elliott, married on Easter Day 1974, so they had enjoyed over 50 years of marriage. John describes their partnership as an ecumenical marriage, for while he pursued his New Church calling, Judy retained her Anglican Christian faith.

Throughout those years Judy supported John in his ministerial work in all its forms: pastoral ministry at Snodland and in the North London area; long years of employment with the Swedenborg Society, beginning with the translation of the *Arcana Caelestia* but continuing with several other volumes; and accompanying him on several pastoral visits to serve the New Church in Mauritius. This support was freely given, even during several decades after most people have retired.

Together they shared in the work of Christian healing ministry, a cause very close to Judy's heart, through the ecumenical organisation, the Guild of Health.

Although Judy never took up membership of the General Conference, she did become a member of both Snodland and North Finchley New Church Societies when John was serving those congregations

We give thanks for Judy's long life here in this natural world, and celebrate with the angels her arrival in the spiritual world

Well done, good and faithful servant! You have been faithful with a few things; I will put you in charge of many things. Come and share your master's happiness! (Matthew 25:21)

A Service of Thanksgiving for Judy's life is being held at St Andrew's Parish Church, Southgate at 12 noon on Wednesday 5th November. The Church (Chase Side, Southgate, N14 5PP) is about 5 minutes' walk from Southgate Underground Station. Following the service, refreshments will be served. Friends are warmly invited.

Brave Spaces Group: Non-Church Buildings

Becky Jarratt & Chris Chambers write:

We need you!

Those who attended this year's Annual Conference will remember that we are being encouraged to discuss thorny issues with an aim to provide strategic direction to the future of the church.

A "brave space" is a supportive environment designed for learning and growth, where participants feel comfortable sharing honestly and openly, even when discussing challenging or sensitive topics. It is a space that acknowledges the potential for discomfort or disagreement, but emphasises open dialogue, mutual understanding, and respect for diverse perspectives.

The intent of having a conversation in a brave space is to explore where we are now and where we want to go in the future. It is also about being transparent and vulnerable. The

hope is that groups will form and report their findings back to those attending Conference 2026.

The reason behind having this brave space to discuss non-church buildings: to think about the purpose, or potential purpose, of Conference-owned buildings that are not churches. We would identify the wants and needs of people using these buildings as well as those who have never been inside one of our buildings. The aim is to consider whether our current buildings fit these needs. We would evaluate how the current buildings support the work we are doing and the work we wish to do in the future.

At the Annual Conference we were invited to shape the future of the church ourselves and this is the first brave space to embark on this mission. This group will be led by Chris Chambers and supported by Becky Jarratt and there would be a series of Zoom meetings leading up to submitting proposals to the 2026 annual meeting. The meetings will facilitate strategic discussions in this area. There will be papers to read and digest before meetings as well as tasks for members of the group to complete in between.

This may sound like a daunting task but it is also an exciting one too. If you are passionate about our non-church buildings, please come along to the first meeting to see if it is for you! We intend to have our first meeting in **January 2026**. If you would like to be part of this brave space group, please email Em to express your interest: ministers.secretary@generalconference.org.uk



Capacitar Training Course 2026



Capacitar UK are running a bespoke course for the New Church! Read on for more information.



Capacitar's logo comes from a pre- Columbian design of the lotus, symbol of spirituality. The image represents creativity and empowerment—people rooted to the earth, with arms raised to the energy of the heavens, hands joined in solidarity around the world, with the seed of life nurtured and growing within.

The word Capacitar means “to empower” in Spanish. Capacitar's mission is to teach body-mind-spirit practices to empower healing, wholeness and peace, both in the individual and in the world.



This training is for people whose professional and/or volunteer work is in service to those who are affected by stress, poverty, physical or mental illness, abuse, trauma or violence. Those in the healing professions, education, ministry, psychology, social work and spirituality are able to apply the lessons of the training immediately to the populations with whom they work.

Through the 4 Modules, participants will develop and experience:

- Energy practices for use with individuals and groups to release stress and to nourish systems
- Tai Chi movements/visualisation
- Breath-work
- Acupressure points: releasing blocked energy



This course offer in 2026 is tailored to meet the needs of those wishing to serve and support others and **is funded by Conference**. Several ministers have already engaged with Capacitar groups and have incorporated the practices into events. The essential teaching in our New Church faith is that the power of the Lord's goodness and truth flows into our soul and re-orders our outer mind and life. We are reformed and little by little come into Divine order. By engaging both mind and body can help one regain spiritual balance and heal.

<https://capacitar.org>.

Capacitar Training Course 2026



How it works: This training will share research, methodology, field experiences and body-mind-spirit practices found to be effective in working with persons and communities, as well as for self-care by therapists, health professionals, caregivers and group leaders.

The program of wellness practices, developed by Patricia Cane and used by Capacitar trainers, was designed to give people the skills to heal; to heal ourselves and transform stress and pain resulting from illness, violence, and the stress of daily life.



The energy practices have been used effectively with a variety of people and cultures across all age groups including those in recovery from addiction, older people, women and families at risk, indigenous peoples, refugees, prisoners, survivors, the disabled, religious, psychologists, social workers, educators and medical professionals.

There are 4 Modules, and the dates are as follows:

February 26th & 27th	Module 1 - in-person at Wellspring House
April 23rd & 24th	Module 2 - online
June 25th & 26th	Module 3 - in-person at Wellspring House
September 24th & 25th	Module 4 - online
October 22nd	Final day - in-person at Wellspring House



If you want to be certain of a place on this course please book by 31st October, as after this date places will be offered to the wider community. There is limited accommodation at Wellspring House, however there is a Travelodge nearby.

To book: email Helen Brown helen.brown@generalconference.org.uk

<https://capacitar.org>

Logopraxis: Living the Word in Everyday Life

Sarah Walker writes:

If you've ever wondered what it really means to *live* the Word, this small group journey might be for you. Logopraxis—literally “the practice of the Word”—is about bringing spiritual ideas from Scripture and Swedenborg's Writings into everyday life, where they can actually start to change how we see ourselves and the world around us.

Over **eight sessions (every two weeks)**, you'll explore together how the Word can come alive within you. Along the way, you'll be guided through:

-  **The Logopraxis Cycle** – a six-step approach that helps you read, reflect, and take a spiritual idea into daily life as a personal task.
-  **Spiritual Awareness** – learning to notice what's going on inside—your thoughts, moods, and reactions—and to see them through the lens of Divine truth.
-  **Seeing the Self** – discovering how our familiar sense of “me” (what Swedenborg calls the *proprium*) tends to take centre stage—and how becoming aware of it opens space for something higher and freer to move through us.
-  **Journeying Together** – being part of a small, supportive group where everyone's reflections contribute to a shared sense of being part of something larger — the Divine Human.
-  **Transformation in Everyday Life** – realising that even our struggles and failures can be moments of awakening, showing us where real change wants to happen.

Each session weaves together readings from Swedenborg's book *Heaven and Hell* with personal task reflections and group sharing, helping you see how the Word can be *lived*, not just read. Whether you're new to spiritual practice or seeking a fresh way to live your faith more deeply, this course offers an opportunity to bring light, healing, and a deeper sense of Divine connection into everyday life.

Readings will begin during the week commencing **9th February 2026**.

The first Life Group meetings will be 2 weeks after the first reading post. As a global community, we offer various days and times to suit different schedules.



To register your interest Email: logopraxis.institute@gmail.com

To find out more about Logopraxis Visit: <https://logopraxis-institute.online/>

Upcoming Events

31 st Oct – 2 nd Nov	November Family Weekend – Purley Chase
3 rd – 6 th Nov	Autumn Fellowship – Purley Chase
9 th November	Zoom Taize style Remembrance service – Revd. Becky Jarratt
14 - 17 th Nov	Festival of Angels – Kearsley
22 nd November	Christmas Fayre – Dalton
22 nd November	Christmas Fayre – Keighley
23 rd November	Zoom service of worship – Jonathan Millar
27 th November	Meet The Minister
6 th December	A Candle for Christmas – Seaburn Dene
7 th December	Zoom Advent service of worship – Gwendolen Rowe
14 th December	Zoom carol service – Revd. Jack Dunion
19 th December	Meet The Minister
22 nd December	Meet The Minister
25 th December	Zoom Christmas Day service – Revd. Becky Jarratt
28 th December	Zoom service ‘towards epiphany’ – Jan Millar

Full details www.generalconference.org.uk/new-church-events/