



E-NEWS



The General Conference of the New Church **News**

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Bread Church

Anne Gaffney reports:

At the end of February Dave and myself attended an event at Purley called Bread Church led by the Revd Alison Southcombe and Muriel Morgan. The weekend started on the Friday evening with an introduction to the concept of Bread Church and a short time of prayer and reflection led by Alison.



The following morning began with bread making and there was lots of fun and laughter as we worked together under the guidance of Muriel. We also made various sorts of scones which we enjoyed eating with jam and cream for afternoon tea.

We then had an interesting time of bible study followed by an evening of quiz and music and of course more laughter.

Sunday morning we met together for our final discussion before attending the Sunday service where we met up with other members of the Church.

We would like to thank Alison and Muriel for this excellent weekend where we were fed both bodily and spiritually. As we left we took with us our bread which we ate during the following week reminding us of what we had shared together. Hopefully this event will be repeated in the not too distant future and I would recommend you book in.



Why Not Have Your Own Bread Church Day?

Muriel Morgan reports:

After reading about Purley Bread Church, I suggest trying Bread Church at home.

Bread Church is a time to do things together, so ideal for a family who are finding themselves all at home. This means the kneading, the eating and importantly the cleaning was all done in fellowship together! Remember to say just a few words of thanks to the Lord as you break your bread.

White Bread

Ingredients:

500g Strong bread flour 25g Fresh Yeast

10g Salt

50ml Olive oil

300ml Water

Method:

- In a large bowl, add the flour and salt. Mix to make sure the salt is evenly distributed.
- Add the crumbled yeast and mix again.
- Add the water and oil and mix to form a dough
- Knead the dough on a floured surface for about 6 mins until elastic and no lumps can be felt
- Put in a covered bowl to raise for about 1 hr
- Knock the dough back on a floured surface and put in a prepared tin to rise again for about 1 hr.
- Place in a preheated oven (200C/gas mark 6) and bake for 40 mins.

The bottom of the bread will sound hollow when cooked.

Scones

Ingredients:

225g self raising flour

1 level teaspoon baking powder 25g castor sugar

50g softened butter

1 egg

a little milk

Method:

- Put the flour, baking powder and sugar in a bowl. Add the butter in pieces and rub in with your hands.
- Crack the egg in a measuring jug and beat it with a fork. Add to the flour mix and cut with a knife. Add a little milk as necessary to form a dough.
- Turn on a floured surface and roll with a floured rolling pin to 2cm thick.

- Cut the scones and place on baking sheet covered with greaseproof paper. Brush a little milk on top.
- Bake for 15 minutes in a pre-heated oven (220C/ Gas 7)
- Cool on a rack.

Note:

- If you want to add fruit, add in the fruit just before rolling.
- For cheese scones, remove the sugar and replace with 1 tsp of salt, 2 tsp of mustard powder and add cheese to the finished dough before rolling (50g parmesan and 100g cheddar both grated).

May I take this opportunity to to share with you a Bible quote for you to ponder on:

Matthew 4:4 "But he answered and said, It is written, Man shall not live by bread alone, but by every word that proceedeth out of the mouth of God".

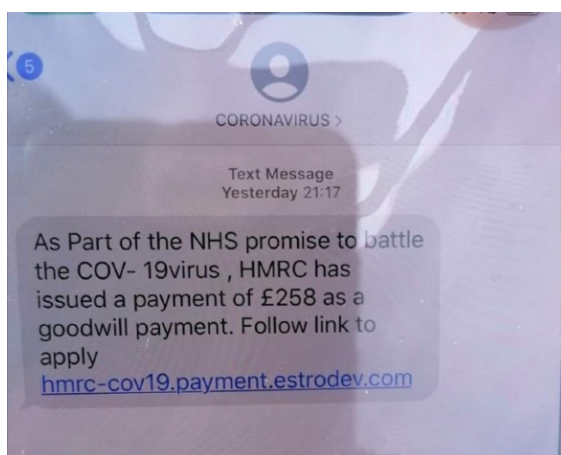
In these difficult times, it is more important than ever to remember the Lord is with us, to trust in Him and to recognise and be thankful for all the little daily blessings.

With my very best wishes and looking forward to pictures of your baking in future editions!

Beware of Scams

Gemma McLean writes:

It is important to remember that HMRC never email or message people offering them tax refunds or reimbursements. If they contact you, it will be via a formal written letter containing all your tax information. I saw this post on Facebook and felt it was useful to share. So please remember, any emails or messages asking for personal information, especially financial, is almost certainly a scam.



Cannock Police 21 March at 11:47 · 🌐

#SCAM | Beware of these sorts of messages from "Coronavirus" 😬 Scammers never have a day off. By clicking on the link you will be asked to input bank, passport info & home address etc for a payment to be made...don't be a victim 👍
#coronavirus #protectyourself #actionfraud

Reader Contributions

“Laetare Sunday 2020” - A poem by **Trevor Millar**

I'm an age group, not a name.
Covid 19 you're to blame.
Over 70, what a shame!
Now time to hide.

I used to be a person,
someone with a name.
To many social groups I came.
Now time to hide.

Isolate yourself they say.
Anywhere not in our way.
You've nowt to offer us today.
Now time to hide.

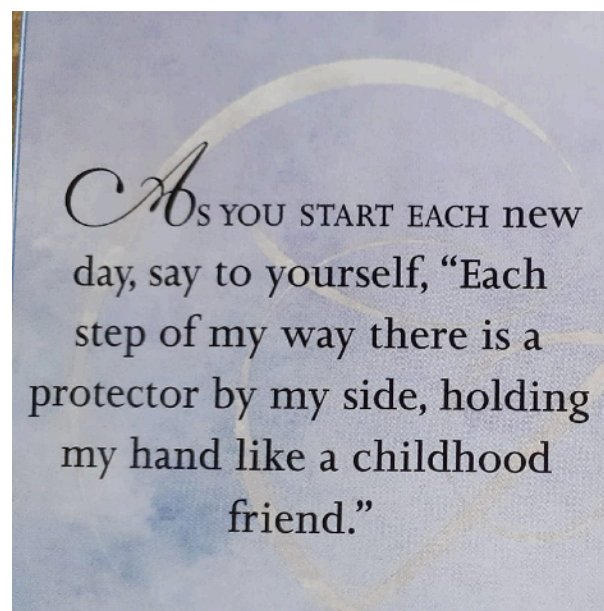
They've shut the churches where I pray,
The places I would go each day.
The people have all gone away.
Now time to hide.

Garden flowers in bright array;
dogs and owners in parks play.
My cat gave me some love today.
Feel good inside.

Shared by **Jan Millar** - “In the nearly 50 years I have known him this is the first poetry I have ever known him to write. The current situation is bringing out hidden talents in all of us.”

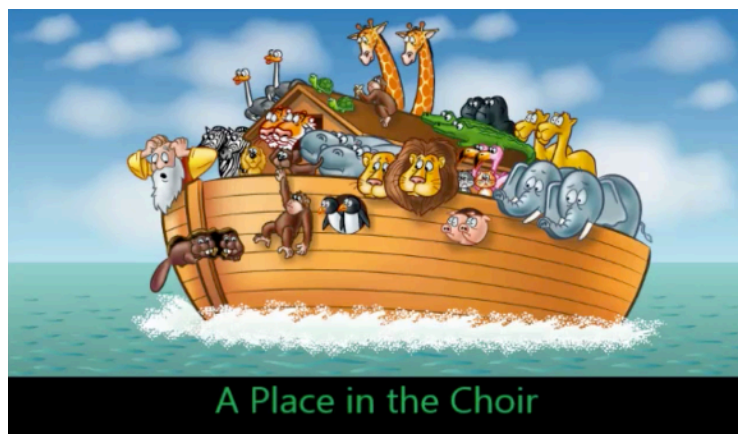
Dear friends. I hope these words of comfort from my 'Angels by your side - thoughts for each day' help you cope in the days and weeks to come as we endeavour to cope with this crisis which we find ourselves in. I am going to try to say these words to myself as I start each day to remind me God is walking with me through this. God bless.

Gwendolen Rowe



Lynda Pierpoint wanted to share the following fun video (originally sent to her by **Barbara Bull**):

<https://www.youtube.com/watch?v=sTKJUxl8TL4>



I like the new suggestions and approaches that are emerging out of this change to our social interactions, like different forms of online worship. I love the #ViralKindness hashtag and idea and the leaflets to offer help to neighbours, that's great, we might use them.

Your suggestion of using more music is good too, thanks for including some links. I am now checking out more songs by the Anthem Lights group.

You would no doubt be familiar already with some of my musical favourites, here are three of them:

BYU Noteworthy singing Amazing Grace/
My Chains Are Gone: <https://www.youtube.com/watch?v=X6Mtpk4jeVA>
BYU Vocal Point singing Nearer, My God, to Thee: <https://www.youtube.com/watch?v=WyxXGdG3-Io>

Pentatonix singing Mary Did You Know: <https://www.youtube.com/watch?v=ifCWN5pJGIE>

Keep the good things coming.
Joe Vandermeer, Swedenborg

Elliott (aged 8) reports:

We have been doing my science experiment to do for school. It is about wildlife and about habitats. I am enjoying being off school because I've got my sisters. My mum is working to help other people who need food. 🤔🤔

😊😊😊😊😊😊😊 I hope everyone else is having a good time off school.

